

Liturgy of the Word ~ 14th Sunday in Ordinary Time

First Reading (Zech 9:9-10) The messianic king is portrayed, not as a proud warrior, but as a humble and gentle champion of peace for all peoples.

Second Reading (Rom 8:9.11-13) St Paul contrasts life 'in the spirit' with life 'in the flesh'.

Gospel (Mt 11:25-30) Jesus reveals the Father to those who are 'little' and lightens the burdens of those who are humble.

Next week's readings: Is 55:10-11, Rom 8:18-23, Mt 13:1-23.

For Sunday /weekday readings see: mobilegabriel.com

Marriage & Family Life welcome all families with babies and children up to 5 years to a newly established monthly Catholic Coffee group, starting Saturday 4th July at 11am – 12pm at Sacred Heart Church Hall - 16 Vermont Street, Ponsonby, Auckland 1011. Come along and meet other likeminded people where God resides. Plenty of parking. Further information call Gerry (Leader of Marriage & Family Life Ministries) on 021 02247442.

Scripture Study at St Michael's Parish

'GENESIS 1-11' by Dr Dan Stollenwerk. A series of talks on Genesis 1-11: Pre-History, Mythology & the Scientific Revolution. Please join us in the Parish Centre: 4x Wednesday mornings 15th, 22nd, 29th July & 5th August 10:30am – 11:45am. No registration required.

St Michael's Parish, 6 Beatrice Road, Remuera 1050

Prayer for Global Peace

Heavenly Father, I pray for peace across the world. Soothe conflicts and heal divisions among nations. Comfort those suffering from strife and guide leaders with wisdom. Let Your love inspire unity and compassion. May Your peace prevail on earth. Thank You for Your boundless grace. Amen.

Psalm 29:11

"The Lord gives strength to his people; the Lord blesses his people with peace."

Resources for families from the Auckland Diocese

Open this newsletter in the St Benedict's website or app and follow the links...

Kids Korner: [Click here](#) Parent Ponderings: [Click here](#)

Welcome to St Benedict's

Keep up to date with parish news and download the "St Benedict's Auckland" App from the App store on your mobile device.

Like and follow "St Benedict's Church, Auckland" on Facebook for regular updates and links to the newsletters.

St Benedicts has the following options

for planned giving and donations to our Parish:

- Collection at Sunday Mass • Automatic bank payment
- St Benedicts App • Tap and Go

Our bank account number is 02 0108 0706611 000 "St Benedicts Parish"

If you need assistance or require more information, please contact the parish office on 09 379 0624

- Reconciliation Rite I is available every week before Mass on Saturday evenings from 5pm-5.45pm.
- Eucharistic Adoration every first Friday of the month at St Benedicts from 11am-12pm (followed by mass at 12.10pm).
- Please check the notice boards in the foyer for upcoming events.
- When visiting St Benedicts please **DO NOT** park illegally or block cars in. Please see over page for parish weekly schedule and free parking details.

Please pray for those who are sick, recovering from surgery or needing our prayers, especially:

Phil Bawden, David Master, Margie Newman, John Shaw, Eva Mitchell, Dave Harrop.

We remember those who have died recently and those whose anniversaries occur at this time:

Gladys Ryan, Dorothy Wilkie, Fr David Jillett, Frederick Coleman, Catherine Fenton, Eva Cathcart, May Quinn, Yim Yee Looi, Khoo Chye Hong, Lee Jin Mok, Lima Baalbergen, Barbara Konarkowska, Margaret O'Donohue, Michael Tugia, Fred Bell, Joan Bannister, Jean Reidy, Bishop James Liston (3rd parish priest of St Benedicts), Aloysius Pereira, Eric Murgayen, Sam Dunn, Stinson Hallow, Joan Santos, Grace Lane, Norma Gasparini, Roberto Baggs, Leonard Carswell, Hugh O'Daly, John Weaver, Eileen Shaw, Nan Boswell, Edward McCool, Doris Morrissey, Ilona Cserepanyi, Gilbert Purdom, Ebenezer Ntarmah.

Eternal rest grant to them O Lord

WEEKEND MASS TIMES

SATURDAY 6 PM
SUNDAY 9.30AM

FREE PARKING AVAILABLE



14th Sunday in Ordinary Time ~ 5 July 2026

WEEKDAY MASS TIMES

Wednesday - Friday: Mass 12.10pm

ETHNIC MASS TIMES

Filipino: Every Sunday at 11.30am

Tongan: 3rd Sunday of the month at 1.30pm

Indonesian: 4th Sunday of the month at 1:30pm

SACRAMENT OF RECONCILIATION

Saturday 5.00pm - 5.45pm

Weekdays at the Cathedral
11.30am – 12.10pm

ALSO AT ST BENEDICT'S PARISH

First Friday of the month

Sacred Heart of Jesus
Rosary at 6.40pm, Novena at 7pm
Mass at 7.30pm-8.30pm

Third Friday of the month

Holy Child Jesus, Senor Santo Niño
Rosary at 6.40pm, Novena at 7pm
Mass at 7.30pm-8.30pm

Every Wednesday

Mother of Perpetual Help
Rosary at 6.15pm, Novena at 6.45pm
Mass at 7.15pm

BAPTISMS & MARRIAGES

Contact the Parish Office

Phone: (09) 379 0624

Email: office@stbenedictsauckland.org.nz

ST BENEDICT'S PARISH OFFICE

Monday to Thursday 10am—4pm

Friday 9.30am—2.30pm

Contact Details: Phone (09) 379 0624

Email: office@stbenedictsauckland.org.nz

Website: www.stbenedictsauckland.org.nz

St Benedict's Parish Priest

Father Gilbert Ramos

frgilbert@stbenedictsauckland.org.nz

Parish Office Staff

Catherine van Veen

catherine@stbenedictsauckland.org.nz

Miranda Wagg

miranda@stbenedictsauckland.org.nz

CATHOLIC STUDENT CHAPLAIN

Email: thechaplains@cda.org.nz

ST VINCENT DE PAUL & FOODBANK

Ph 815 6122

PARKING AT ST BENEDICT'S CHURCH

Free parking is available from **Saturday 9am** to **Sunday 7pm** in the Wilson carpark on corner of St Benedict's & Alex Evans Street.

Please note: A few parks are marked reserved for tenant parking and are 24 hour tow away. These parks are allocated to nearby residents not the Church

In this week's Gospel, Jesus offers a prayer of thanksgiving and an invitation that reaches into the deepest longings of the human heart. He praises the Father for revealing divine truth not to the wise and learned, but to the little ones - those who are open, humble, and receptive. In a world that often prizes knowledge, status, and control, Jesus points instead to the simplicity of trust as the path to truly knowing God.

He then turns outward with one of the most comforting invitations in the Gospel: "Come to me, all you who labour and are burdened, and I will give you rest." These words speak to anyone weighed down—by responsibility, failure, anxiety, or the pressure to prove oneself. Jesus does not deny the reality of these burdens, but he offers a different way of carrying them.

"Take my yoke upon you and learn from me," he says, "for I am gentle and humble of heart." The image of the yoke might seem, at first, to suggest more weight, more obligation. Yet the text summons readers to a discipleship that is easy and a burden that is light. The Greek word rendered as "easy" carries also the connotation of "suitable, appropriate, easy to wear." The yoke of Christ is not an ill-fitting demand placed upon us; it is something shaped perfectly for who we are, something that allows us to move freely and live fully.

This is because the yoke of Jesus is not simply a set of rules, but a relationship. To be yoked to Christ is to walk alongside him, learning from his way of living. His gentleness and humility redefine what it means to be strong. He does not drive or coerce; he invites and accompanies. In sharing his yoke, he also shares the weight, making what seems heavy become bearable.

The rest that Jesus promises is not merely physical relief, but a deep, spiritual peace—a resting of the soul in God. It is the freedom that comes from no longer striving to earn love or prove worth, but simply receiving it.

In taking on the yoke of Christ, we do not lose ourselves; rather, we find our true selves. His way, gentle and life-giving, leads us into the fullness of life God desires for us.

Fr Stephen Berecz